

### Frauen

Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
1	458	Lara Maria Laudenberg	SV Bergisch Gladbach 1920/71	JB (w)	1	8:11 (3)	22:52 (1)	10:53 (1)	41:56
2	450	Kim Alferink	SUS Stadtlohn Triathlon	JB (w)	2	7:45 (2)	23:14 (2)	11:48 (2)	42:46
3	461	Lea Stadthaus	SV Poseidon Triathlon	JB (w)	3	7:36 (1)	24:13 (3)	13:13 (5)	45:03
4	464	Selma Wiemann	Tri-Geckos Dortmund	JB (w)	4	8:31 (5)	24:25 (4)	12:13 (4)	45:08
5	471	Milena Menkinoski	Marathon Triathlon Mülheim	JB (w)	5	9:59 (6)	24:51 (5)	11:52 (3)	46:42
6	469	Anneke Leygraf	SV Poseidon Triathlon	JB (w)	6	8:15 (4)	25:01 (6)	14:59 (6)	48:16

### Männer

Pl.	St Nr	Name	Verein	AK	Pl. (AK)	Schwimmen	Radfahren	Laufen	Gesamt
1	474	Felix Stieffenhofer	SV Bergisch Gladbach 1920/71	JB (m)	1	6:52 (2)	20:07 (1)	9:43 (2)	36:41
2	453	Moritz Gerads	Brander SV Tri Team	JB (m)	2	6:29 (1)	20:42 (2)	11:02 (7)	38:13
3	456	Till Krautwurst	Tri-Geckos Dortmund	JB (m)	3	8:00 (4)	21:17 (3)	8:59 (1)	38:16
4	466	Lukas Gather	SSF Bonn Triathlon Jugend	JB (m)	4	7:41 (3)	21:52 (9)	10:24 (5)	39:57
5	462	Julius Stolz	SV Bergisch Gladbach 1920/71	JB (m)	5	8:17 (6)	21:19 (4)	10:24 (4)	40:00
6	457	Jan Felix Laudenberg	SV Bergisch Gladbach 1920/71	JB (m)	6	8:16 (5)	21:22 (5)	11:31 (9)	41:10
7	473	Julius Schneider	Tri-Geckos Dortmund	JB (m)	7	9:04 (9)	21:51 (8)	10:21 (3)	41:16
8	467	Elijah Henke	Marathon Triathlon Mülheim	JB (m)	8	8:27 (7)	21:27 (7)	11:43 (10)	41:36
9	459	Jaron Loibl	TUS Westfalia Hombruch	JB (m)	9	9:14 (11)	21:23 (6)	11:22 (8)	41:59
10	472	Lennard Rüssmann	SV Poseidon Triathlon	JB (m)	10	9:13 (10)	24:10 (10)	10:53 (6)	44:16
11	454	Ole Hansen	SV Bergisch Gladbach 1920/71	JB (m)	11	8:44 (8)	24:19 (11)	12:00 (11)	45:03
12	463	Christian Trivisani	SV Poseidon Triathlon	JB (m)	12	9:48 (12)	30:01 (12)	15:06 (12)	54:54